

Frauen			
100m	1997	Anne Reucher	11,80sec
200m	1997	Anne Reucher	24,29sec
400m	2005	Natalie Mehring	57,79sec
800m	1987	Ute John	2:26,39min
1500m	1987	Ute John	5:17,1min
3000m	1987	Ute John	11:17,1min
5000m	2005	Nathalie Mehring	20:55min
10 km	2005	Manuela Schmidt	48:08min
100m Hürden	1979	Carola Matschke	14,56sec
400m Hürden	1978	Carola Matschke	68,0sec
4 x 100m	1977	Ingrid Bolder Mechthild Becker Frauke Zervos Carola Matschke	51,7sec
4 x 400m	1978	Mechthild Becker Sabine Bolder Frauke Zervos Carola Matschke	4:07,8min
3 x 800m	1975	Angelika Strycek Carola Matschke Frauke Zervos	7:40,6min
Hochsprung	1981	Beate Schumacher	1,62m
Weitsprung	1996	Anne Reucher	5,72m
Dreisprung	1993	Anne Reucher	10,73m
Kugel 4kg	1969	Erika Mohr	11,41m
Diskus 1kg	2002	Julia Samel	46,94m
Speer 600g	1988	Kathrin Grüthling	31,36m
Vierkampf	1987	Esta Grosardt	16,1s - 9,68m - 1,48m - 27,9s
Siebenkampf	1987	Esta Grosardt	16,1s - 9,68m - 1,48m - 27,9s - 5,04m - 25,34m - 2:45,6min
Siebenkampf Mannschaft	1987	Esta Grosardt	16,1s - 9,68m - 1,48m - 27,9s - 5,04m - 25,34m - 2:45,6min
		Kristina Effenberger	
		Kathrin Grüthling	18,1s - 1,36m - 9,13m - 29,4s - 4,49m - 27,80m - 2:56,7min
			17,9s - 1,40m - 8,37m - 28,3s - 4,57m - 19,80m - 2:42,7min

Männer			
100m	1969	M. Bönisch	10,5sec
200m	1969	M. Roeber	21,9sec
400m	1969	M. Bönisch	48,6sec
1000m	1966	Lothar Witting	1:59,1min
1500m	1966	Lothar Witting	4:05,4min
3000m	1977	J.Leray	8:53,4min
5000m			
10 km			
110m Hürden	1960	G.Beer	15,1sec
400m Hürden	1968	M. Roeber	56,1sec
4 x 100m	1968 / 1969	Grube Gleen Roeber Roeber// Grube Roeber Roeber Bönisch	43,0sec
3 x 1000m	1978	Janning Gattwinkel Knieriem	19:19,4min
4 x 400m	1967	Grube Roeber Schneider Meyer	3:21,7min
Weitsprung	1962	U.Keiler	7,11m
Dreisprung	1968	Wolfgang Krapp	13,44m
Hochsprung	1979	Frank Faßbender	1,95m
Stabhochsprung	1965	Gerd Niemann	3,90m
Kugelstoßen	1965	J. Janecke	14,82m
Speerwurf			
Diskuswurf	1965	J. Janecke	43,50m
Hammerwurf			
4 / 5 Kampf			
8 Kampf/10 Kampf			
4 / 5 Kampf Mannschaft			
8/10 Kampf Mannschaft			

männliche Jugend B / U18			
100m	1963	R. Luckenbach	11,2sec
200m	2005	Fabian Heynmöller	23,44sec
400m	1976	Andre Pilz	54,0sec
	1977	Frank Hopstein	
800m	1976	Bernd Meier	2:03,7min
1500m	2005	Philipp Frericks	4:13,55min
3000m	2005	Philipp Frericks	9:09,92min
5000m	2005	Philipp Frericks	16:11,21min
10 km	2005	Philipp Frericks	34:21,96min
110m Hürden	1977	Michael Schinkel	14,50sec
4 x 100m	1977	Thomas Grünig Rene Schuch Frank Hopstein Michael Schinkel	45,3sec
3 x 1000m	1976	Johannes Lauterbach Michael Schwarz Bernd Meier	8:50,6min
Hochsprung	1981	Rene Schuch	1,85m
Stabhochsprung	1965	Gerd Niemann	3,90m
Weitsprung	1996	Michael Schinkel	6,35m
Dreisprung	1993	Jürgen Hummel	13,43m
Kugel 5kg	2005	Tobias Weltin	16,88m
Diskus 1,5kg	2005	Tobias Weltin	49,99m
Speer 700g	2013	Heiko Koose	48,51m
Fünfkampf	2004	Michael Erber	12,65s - 5,57m - 10,31m - 1,70m - 56,45s
Zehnkampf	2004	Fabian Heynmöller	12,50s - 5,49m - 8,29m - 1,46m - 59,36s - 17,77s - 21,13m - o.g.V - 21,90m - 5:31,08min
Fünfkampf Mannschaft männliche Jugend B	2004	Michael Erber Tobias Weltin Fabian Heynmöller Thomas Rietz Tim Zachlehner	12,65s - 5,57m - 10,31m - 1,70m - 56,45s 13,66s - 5,05m - 14,94m - 1,50m - 66,87s 12,50s - 5,49m - 8,29m - 1,46m - 59,36s 13,23s - 5,21m - 10,62m - 1,46m - 65,22s 13,08s - 5,10m - 8,15m - 1,50m - 61,36s
Zehnkampf Mannschaft	2004	Fabian Heynmöller	12,50s - 5,49m - 8,29m - 1,46m - 59,36s - 17,77s - 21,13m - o.g.V -

männliche Jugend B		Thomas Rietz	21,90m – 5:31,08min 13,23s - 5,21m - 10,62m - 1,46m - 65,22s - 18,89s - 25,81m - o.g.V. - 37,52m – 5:26,71min
		Tim Zachlehner	13,08s - 5,10m - 8,15m - 1,50m - 61,36s - 19,08s - 22,39m - o.g.V. - 20,43m - 5:29,08min
männliche Jugend A / U20			
100m	1959	G. Beer	11,1sec
	1963	M. Roeber	
	1964	F.J. Gleen	
200m	1976	Helmut Giersiefen	22,7secs
400m	1963	U. Roeber	51,0sec
800m	1972	Klaus Wernecke	1:59,1min
1500m	1972	Klaus Wernecke	4:13,2min
3000m	2005	Philipp Frericks	9:09,92min
5000m	2005	Philipp Frericks	16:11,21min
10 km	2005	Philipp Frericks	34:21,96min
110m Hürden	1979	Michael Schinkel	14,2min
4 x 100m	1963	Gleen Roeber Meier Ludtke	44,7sec
4 x 400m	1977	Thomas Grünig Harald Tebbe Johannes Lauterbach Thomas Daas	3:33,7min
3 x 1000m	1963	Schneider Meier Uhlig	8:39,0min
Hochsprung	1979	Frank Faßbender	1,95m
Stabhochsprung	1965	Gerd Niemann	3,90m
Weitsprung	1979	Michael Schinkel	6,82m
Dreisprung	1993	Jürgen Hummel	13,43m
Kugel 6kg	1966	Gerd Niemann	13,82m
Diskus 1,75kg	1966	Gerd Niemann	41,97m
Hammerwurf	1966	Dieter Büttner	42,92m

Schülerinnen W 8 / U10			
50m	1980	Esta Grosardt	7,9sec
800m	2000	Meike Rietz	3:16,2min
Weitsprung	1977	Uta Grosardt	3,80m
Ballwurf 80g	1988	Evelyn Günther	30,00m
Dreikampf	1980	Esta Grosardt	7,9s - 3,65m - 25,00m
Schülerinnen W 9 / U10			
50m	1981	Esta Grosardt	7,8sec
800m	2001	Meike Rietz	2:58,97min
4 x 50m	1995	Tina Braun Anna Klein Carolin Sasse Cornelia Grenz	36,34sec
Weitsprung	1975	Beate Schumacher	4,07m
Hochsprung	1975	Beate Schumacher	1,28m
Ballwurf 80g	2001	Meike Rietz	33,00m
Dreikampf	1975	Beate Schumacher	8,1s - 4,07m - 29,50m
Vierkampf	1975	Beate Schumacher	8,1s - 4,07m - 29,50m - 1,28m
Dreikampf Mannschaft W9/W10	1975	Beate Schumacher	8,1s - 4,07m - 29,50m
		Claudia Goedelt	8,6s - 3,39m - 24,00m
		Sabine Udolph	7,9s - 3,50m - 30,00m
		Heike Günauer	8,2s - 3,33m - 24,00m
Vierkampf Mannschaft W9/W10	1975	Maren Böger	8,2s - 3,24m - 16,50m
		Beate Schumacher	8,1s - 4,07m - 29,50m - 1,28m
		Claudia Goedelt	8,6s - 3,39m - 24,00m - 0,90m
		Sabine Udolph	7,9s - 3,50m - 30,00m - 1,15m
		Heike Günauer	8,2s - 3,33m - 24,00m - 0,90m
		Maren Böger	8,2s - 3,24m - 16,50m - 0,95m

Schülerinnen W 10 / U12			
50m	1976	Beate Schumacher	7,7sec
	1979	Uta Grosardt	
800m	2002	Meike Rietz	2:55,55min
60m Hürden	1979	Uta Grosardt	10,9s
Hochsprung	1979	Uta Grosardt	1,36m
Weitsprung	1979	Uta Grosardt	4,55m
Ballwurf 80g	1979	Uta Grosardt	36,00m
Dreikampf	1979	Uta Grosardt	7,8s - 4,55m - 35,00m
Vierkampf	1982	Esta Grosardt	7,8s - 4,30m - 1,25m - 26,00m
Schülerinnen W 11 / U12			
50m	1990	Anne Reucher	7,5sec
800m	2011	Joy Schürhoff	2:49,47min
60m Hürden	1979	Uta Grosardt	10,9s
4 x 50m	1976	Beate Schumacher Claudia Goedelt Sabine Udolph Jeanette Saibou	30,1sec
3 x 800m	1983	Kristina Effenberger Britta Noras Christiane Strycek	9:13,0min
Weitsprung	1983	Esta Grosardt	4,60m
Hochsprung	1980	Uta Grosardt	1,40m
Ballwurf 80g	1989	Dennise Bettendorf	50,00m
Dreikampf	1979	Uta Grosardt	7,8s - 4,55m - 35,00m
Vierkampf	1982	Esta Grosardt	7,8s - 4,30m - 1,25m - 26,00m
Dreikampf Mannschaft W10/W11	1975	Beate Schumacher Claudia Goedelt Sabine Udolph Heike Günauer Maren Böger	8,1s - 4,07m – 29,50m 8,6s - 3,39m – 24,00m 7,9s - 3,50m – 30,00m 8,2s - 3,33m – 24,00m 8,2s - 3,24m - 16,50m

<p>Vierkampf Mannschaft W10/W11</p>	<p>1975</p>	<p>Beate Schumacher Claudia Goedelt Sabine Udolph Heike Günauer Maren Böger</p>	<p>8,1s - 4,07m - 29,50m - 1,28m 8,6s - 3,39m - 24,00m - 0,90m 7,9s - 3,50m - 30,00m - 1,15m 8,2s - 3,33m - 24,00m - 0,90m 8,2s - 3,24m - 16,50m - 0,95m</p>
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Schülerinnen W 12 / U14			
75m	1991	Anne Reucher	10,4sec
800m	2004	Meike Rietz	2:39,4min
60m Hürden	1978	Claudia Goedelt Britta Kölsch	10,6s
	1984		
Hochsprung	1978	Beate Schumacher	1,50m
Weitsprung	1981	Uta Grosardt	4,69m
Ballwurf 80g	1989	Dennise Bettendorf	50,00m
Kugel 3kg	1996	Monika Klostermann	7,77m
Diskus 750g	2004	Meike Rietz	18,08m
Speer 400g	2004	Meike Rietz	15,40m
Dreikampf	1984	Esta Grosardt	10,8s - 4,42m - 40,00m
Vierkampf	1982	Esta Grosardt	10,8s - 4,42m - 1,36m - 40,00m
Block Lauf	2004	Meike Rietz	12,14s - 12,12s - 3,94m - 35,00m - 2;45,28min
Block Sprint / Sprung	2004	Jana Koslik	11,58s - 13,06s - 3,62m - 1,16m - 19,00m
Schülerinnen W 13 / U14			
75m	1992	Anne Reucher	10,2sec
800m	2005	Meike Rietz	2:29,12min
2000m	2005	Meike Rietz	7:33,56min
60m Hürden	2005	Meike Rietz	10,67s
4 x 75m	1984	Esta Grosardt Petra Schipplöck Britta Kölsch Christiane Strycek	41,1sec
3 x 800m	2004	Meike Rietz Dominique Schmitz Saskia Köllner	8:52,5min
Weitsprung	1979	Heike Günauer	4,88m
Hochsprung	1979	Beate Schumacher	1,55m
Ballwurf 80g	1997	Rosi Musingakazi	51,50m
Ballwurf 200g	2009	Chiara Gerke	33,50m
Dreikampf	1984	Esta Grosardt	10,8s - 4,42m - 40,00m
Vierkampf	2004	Saskia Köllner	10,74s - 4,32m - 1,42m - 35,00m
Block Sprint/Sprung	2004	Saskia Köllner	10,68s - 11,27s - 4,16m - 1,36m - 36,00m
Block Wurf	2004	Meike Rietz	11,37 - 10,78 - 4,46 - 19,33 - 6,55

Block Lauf	2005	Meike Rietz	11,43 - 10,67 - 4,69 - 43,50 - 2:37,3
Blockmehrkampf Mannschaft W12/W13	2004	Saskia Köllner Tami Köllner Meike Rietz Ricarda Pautz Jana Koslik	10,68s - 11,27s - 4,16m - 1,36m - 36,00m 10,84s - 12,34s - 4,26m - 1,32m - 31,00m 12,14s - 12,12s - 3,94m - 35,00m - 2;45,28min 11,20s - 13,40s - 4,16m - 7,30m - 16,86m 11,58s - 13,06s - 3,62m - 1,16m - 19,00m
Dreikampf Mannschaft W12/W13	1984	Esta Grosardt Britta Kölsch Kathrin Grüthling Kristina Effenberger Christiane Strycek	10,8s - 4,42m - 40,00m 10,5s - 4,31m - 38,00m 10,9s - 4,20m - 29,00m 11,4s - 4,02m - 45,00m 10,7s - 4,07m - 23,00m
Vierkampf Mannschaft W12/W13	1984	Esta Grosardt Britta Kölsch Kathrin Grüthling Kristina Effenberger Christiane Strycek	10,8s - 4,42m - 40,00m - 1,36m 10,5s - 4,31m - 38,00m - 1,32m 10,9s - 4,20m - 29,00m - 1,24m 11,4s - 4,02m - 45,00m - 1,28m 10,7s - 4,07m - 23,00m - 1,20m

Schülerinnen W 14 / U16			
100m	1980	Heike Günauer	12,7sec
800m	2005	Meike Rietz	2:29,12min
2000m	2005	Meike Rietz	7:33,56min
5000m	2005	Meike Rietz	21:02min
80m Hürden	1980	Claudia Goedelt	12,58sec
Hochsprung	1986	Esta Grosardt	1,62m
Weitsprung	1980	Heike Günauer	5,22m
Kugel 3kg	1986	Kristina Effenberger	11,37m
Diskus 1kg	1986	Kristina Effenberger	29,96m
Speer 600g	1986	Kristina Effenberger	30,34m
Vierkampf	1982	Esta Grosardt	10,8s - 4,42m - 1,36m - 40,00m
Block Sprint / Sprung	2004	Carina Schmidt	13,80s - 13,50s - 4,24m - 1,52m - 15,06m
Schülerinnen W 15 / U16			
100m	1980	Heike Günauer	12,7sec
800m	1972	Anneliese Busche	2:27,0min
2000m	2005	Meike Rietz	7:33,56min
5000m	2005	Meike Rietz	21:02min
80m Hürden	19,80	Claudia Goedelt	12,58sec
4 x 100m	1980	Beate Schumacher Heike Günauer Claudia Liebe Claudia Goedelt	51,8sec
3 x 800m	1975	Angelika Strycek Carola Matschke Frauke Zervos	7:40,6min
Weitsprung	1981	Heike Günauer	5,51m
Hochsprung	1981	Beate Schumacher	1,63m
Dreisprung	1993	Anne Reucher	10,73m
Kugel 3kg	1986	Kristina Effenberger	11,37m
Diskus 1kg	1986	Kristina Effenberger	29,96m
Speer 600g	1986	Kristina Effenberger	30,34m
Block Sprint/Sprung	2004	Carina Schmidt	13,80s - 13,50s - 4,24m - 1,52m - 15,06m

Schüler M 8 / U10			
50m	1977	Ralf Fischer	8,5sec
1000m	1997	Christian Bonneß	4:12,4min
Weitsprung	1977	Ralf Fischer	3,35m
Ballwurf 80g	1993	Björn Pyll	28,00m
Dreikampf	1977	Ralf Fischer	8,5s - 3,35m - 28,00m
Schüler M 9 / U10			
50m	1973	Jürgen Schüler	7,8sec
1000m	2000	Tobias Thiele	3:58,97min
4 x 50m	2008	Kamil Koschella Pascal Wolfgarten Amin Ghabri Luke Sterzenbach	35,80sec
Weitsprung	1969	Harald Tebbe	3,65m
Hochsprung	1975	Ralf Kolbe	1,10m
Ballwurf 80g	1975	Ralf Kolbe	38,00m
Dreikampf	1975	Ralf Kolbe	8,3s - 3,53m - 38,00m
Dreikampf Mannschaft M9/M10	1997		
		Tim Zachlehner	8,66s - 3,45m - 30,00m
		Tobias Weltin	8,84s - 3,25m - 31,00m
		Fabian Heynmöller	8,53s - 3,46m - 24,00m
		Maximilian Pautz	9,10s - 3,24m - 25,00m
		Thomas Rietz	9,45s - 3,24m - 25,00m

Schüler M 10 / U12			
50m	1971	Thomas Grüning	7,6sec
1000m	1985	Klaus Weyrich	3:43,3min
1000m Cross	2007	Melvin Frericks	3:39min
Hochsprung	2009	Kamil Koschella	1,26m
Weitsprung	2009	Kamil Koschella	4,30m
Ballwurf 80g	Lang		45,00m
1966	Beer		
1973			
Dreikampf	1985	Klaus Weyrich	8,0s - 4,08m - 42,50m
Vierkampf	2009	Kamil Koschella	8,17s - 4,04m - 1,26m - 40,00m (1400 Punkte)
Schüler M 11 / U12			
50m	1969	Gerd Meinold	7,4sec
1000m	1986	Klaus Weyrich	3:26,0min
60m Hürden	1971	Harald Tebbe	10,9s
4 x 50m	1999	Maximilian Pautz Tim Zachlehner Christopher Fromm Fabian Heynmöller	30,06sec
3 x 1000m	1998	Fabian Heynmöller Christopher Fromm Christian Bonneß	11:10,5min
Weitsprung	1969	Gerd Meinold	4,39m
	1974	Jan Fell	
Hochsprung	1974	Jan Fell	1,40m
Ballwurf 80g	1969	Gerd Meinold	60,00m
Dreikampf	1985	Klaus Weyrich	8,0s - 4,08m - 42,50m
Vierkampf	1973	Christian Deick	8,1s - 4,00m - 1,20m - 36,00m
Dreikampf Mannschaft M10/M11	1999	Tobias Weltin Maximilian Pautz Christian Strohm Tim Zachlehner Fabian Heynmöller	8,1s - 3,82m - 40,00m 7,9s - 4,00m - 32,00m 7,9s - 3,76m - 33,50m 7,8s - 3,87m - 29,00m 7,7s - 3,70m - 30,00m

Vierkampf Mannschaft M10/M11	1999	Maximilian Pautz Tim Zachlehner Christopher Fromm Fabian Heynmöller Thomas Rietz	8,59s - 3,67m - 1,14m - 30,00m 8,25s - 3,88m - 1,06m - 24,00m 8,69s - 3,48m - 1,06m - 32,00m 8,33s - 3,45m - 1,02m - 29,50m 9,13s - 3,51m - 1,02m - 28,00m
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Schüler M 12 / U14			
75m	1972	Harald Tebbe	10,1sec
1000m	1993	Frank Barthelt	3:23,6min
2000m Cross	2007	Henry Frericks	8:08min
60m Hürden	2001	Lars Effertz	10,69s
Hochsprung	1971	Hans Peter Kruppke	1,45m
	1975	Jan Fell	
Weitsprung	2001	Lars Effertz	4,89m
Ballwurf 200g	2000	Tobias Weltin	49,00m
Kugel 3kg	2001	Lars Effertz	9,12m
Diskus 750g	2000	Tobias Weltin	23,31m
Speer 400g	1976	Paul Schmeing	23,46m
Dreikampf	2000	Tobias Weltin	11,7s - 4,27m - 49,00m
Vierkampf	2001	Lars Effertz	10,9s - 4,50m - 1,28m - 32,00m
Block Lauf	2001	Tobias Böhme	11,02s - 11,72s - 4,25m - 32,00m - 3:38,64min
Block Wurf	2000	Thomas Rietz	12,10s - 12,24s - 4,17m - 6,67m - 28,56m
Block Sprint / Sprung	2001	Lars Effertz	10,74s - 10,88s - 4,74m - 1,32m - 27,00m
Schüler M 13 / U14			
75m	2009	Johannes Hoppe	9,91sec
1000m	2002	Philipp Frericks	3:09,97min
60m Hürden	2002	Lars Effertz	10,25s
4 x 75m	2001	Lars Effertz Tobias Böhme Fabian Heynmöller Maximilian Pautz	41,67sec
3 x 1000m	2009	Marcell Frericks Melvin Frericks Alexander Namaki	10:13,22min
Weitsprung	2002	Lars Effertz	5,46m
Hochsprung	1974	Rene Schuch	1,50m
	2001	Maximilian Pautz	
Stabhochsprung	1989	Roland Reucher	2,20m
Ballwurf 200g	2001	Tobias Weltin	51,00m
Diskus 750g	2001	Tobias Weltin	32,52m
Speer 400g	2001	Thomas Rietz	29,40m

Kugel 3kg	2001	Tobias Weltin	11,17m
Dreikampf	2004	Marcel Schmelzenbach	10,53s - 4,71m - 43,00m
Vierkampf	2004	Marcel Schmelzenbach	10,53s - 4,71m - 1,39m - 43,00m
Block Sprint/Sprung	2001	Christopher Fromm	11,02s - 10,60s - 4,45m - 1,44m - 36,00m
Block Wurf	2001	Thomas Rietz	11,86s - 12,06s - 4,09m - 20,81m - 7,58m
Block Lauf	2001	Tobias Böhme	11,02s - 11,72s - 4,25m - 32,00m - 3:38,64min
Blockmehrkampf Mannschaft M12/M13	2001	Christopher Fromm Maximilian Pautz Lars Effertz Tobias Böhme Thomas Rietz	11,02s - 10,60s - 4,45m - 1,44m - 36,00m 11,20s - 11,20s - 4,35m - 1,44m - 37,00m 10,74s - 10,88s - 4,74m - 1,32m - 27,00m 11,02s - 11,72s - 4,25m - 32,00m - 3:38,64min 11,86s - 12,06s - 4,09m - 20,81m - 7,58m
Dreikampf Mannschaft M12/M13	2001	Tobias Weltin Maximilian Pautz Fabian Heynmöller Christopher Fromm Tobias Böhme	11,51s - 4,48m - 42,50m 11,80s - 4,34m - 42,00m 10,95s - 4,18m - 31,50m 11,57s - 4,30m - 36,00m 11,82s - 4,43m - 33,00m
Vierkampf Mannschaft M12/M13	2001	Christopher Fromm Lars Effertz Maximilian Pautz Thomas Rietz Fabian Heynmöller	11,0s - 4,32m - 1,42m - 35,00m 10,9s - 4,50m - 1,28m - 32,00m 11,6s - 4,11m - 1,38m - 37,00m 11,4s - 4,15m - 1,30m - 39,00m 10,8s - 4,12m - 1,30m - 30,50m

Schüler M 14 / U16			
100m	1968	K.Siemund	11,8sec
1000m	2003	Philipp Frericks	3:01,0min
3000m	2003	Philipp Frericks	10:44,0min
5000m	2003	Philipp Frericks	19:18,0min
80m Hürden	1975	Thomas Grünig	12,1sec
Hochsprung	1977	Jan Fell	1,75m
Stabhochsprung	1975	Michael Schinkel	2,40m
Weitsprung	1975	Michael Schinkel	5,66m
Kugel 4kg	2002	Tobias Weltin	13,12m
Diskus 1kg	2002	Tobias Weltin	35,40m
Speer 600g	2002	Thomas Rietz	36,30m
Block Lauf	2003	Tobias Böhme	14,02s - 13,84s - 4,68m - 47,50m - 7:17,86min
Schüler M 15 / U16			
100m	1968	K.Siemund	11,8sec
300m	2003	Tobias Böhme Thomas Rietz	44,14sec
1000m	2004	Philipp Frericks	2:48,88min
3000m	2004	Philipp Frericks	9:35,68min
5000m	2004	Philipp Frericks	17:02,0min
80m Hürden	1991	Roland Reucher	11,90sec
300m Hürden	2003	Christopher Fromm	47,29sec
4 x 100m	2003	Thomas Rietz Fabian Heynmöller Tim Zachlehner Christopher Fromm	49,92sec
3 x 1000m	2011	Melvin Frericks Marcell Frericks Alexander Namaki Ghaneh	9:19,61min
Weitsprung	1991	Roland Reucher	6,31m
Stabhochsprung	1975	Michael Schinkel	2,40m
Hochsprung	1977	Jan Fell	1,75m
Dreisprung	1993	Jürgen Hummel	13,43m
Kugel 4kg	2003	Tobias Weltin	15,59m
Diskus 1kg	2003	Tobias Weltin	44,52m
Speer 600g	2011	Heiko Koose	39,28m

Block Sprint/Sprung	2003	Christopher Fromm	13,86s - 12,78s - 4,90m - 1,56m - 30,74m
Block Lauf	2004	Tobias Böhme	12,80s - 12,80s - 5,05m - 50,00m - 6:54,09min
Block Wurf	2003	Tobias Weltin	13,35s - 13,57s - 5,13m - 14,25m - 43,43m
Blockmerkampf Mannschaft M14/M15	2003	Tobias Weltin	13,87s - 13,86s - 4,68m - 14,57m - 39,50m
		Christopher Fromm	13,86s - 12,78s - 4,90m - 1,56m - 30,74m
		Thomas Rietz	13,37s - 14,04s - 4,68m - 10,64m - 30,06m
		Maximilian Pautz	14,47s - 13,73s - 4,59m - 1,56m - 32,81m
		Fabian Heynmöller	12,89s - 12,57s - 5,06m - 46,50m - 8:27,0min
Achtkampf	2004	Tobias Böhme	12,94s - 5,15m - 9,69m - 1,42m - 29,02m - 2,20m - 24,47m - 3:14,36min

weibliche Jugend B / U18			
100m	1996	Anne Reucher	11,92sec
200m	1996	Anne Reucher	24,96sec
400m	1976	Frauke Zervos	59,5sec
800m	1987	Ute John	2:26,39min
1500m	1987	Ute John	5:17,1min
3000m	1987	Ute John	11:17,1min
5000m	2005	Meike Rietz	21:02min
100m Hürden	1996	Anne Reucher	14,50sec
400m Hürden	1978	Carola Matschke	68,0sec
4 x 100m	1977	Ingrid Bolder Mechthild Becker Frauke Zervos Carola Matschke	51,7sec
4 x 400m	1978	Mechthild Becker Sabine Bolder Frauke Zervos Carola Matschke	4:07,8min
3 x 800m	1975	Angelika Strycek Carola Matschke Frauke Zervos	7:40,6min
Hochsprung	1981	Beate Schumacher	1,62m
Weitsprung	1996	Anne Reucher	5,72m
Dreisprung	1993	Anne Reucher	10,73m
Kugel 4kg	2001	Friederike Heynmöller	10,22m
Diskus 1kg	1992	Verena Maikath	36,30m
Speer 600g	1988	Kathrin Grüthling	31,36m
Vierkampf	1988	Kathrin Grüthling	17,7s - 1,46m - 8,24m - 13,9s
Siebenkampf	1988	Kathrin Grüthling	17,7s - 1,46m - 8,24m - 13,9s - 4,84m - 31,36m - 2:43,9min
weibliche Jugend A / U20			
100m	1997	Anne Reucher	11,80sec
200m	1997	Anne Reucher	24,29sec
400m	1976	Frauke Zervos	59,5sec
800m	1987	Ute John	2:26,39min
1500m	1987	Ute John	5:17,1min
3000m	1987	Ute John	11:17,1min
5000m	2005	Meike Rietz	21:02min
10 km	2003	Manuela Schmidt	53:50min
100m Hürden	1979	Carola Matschke	14,56sec

400m Hürden	1978	Carola Matschke	68,0sec
4 x 100m	1977	Ingrid Bolder Mechthild Becker Frauke Zervos Carola Matschke	51,7sec
4 x 400m	1978	Mechthild Becker Sabine Bolder Frauke Zervos Carola Matschke	4:07,8min
3 x 800m	1975	Angelika Strycek Carola Matschke Frauke Zervos	7:40,6min
Hochsprung	1981	Beate Schumacher	1,62m
Weitsprung	1996	Anne Reucher	5,72m
Dreisprung	1993	Anne Reucher	10,73m
Kugel 4kg	1995	Verena Maikath	11,07m
Diskus 1kg	2002	Julia Samel	46,94m
Speer 600g	1988	Kathrin Grüthling	31,36m
Vierkampf	1987	Esta Grosardt	16,1s - 9,68m - 1,48m - 27,9s
Siebenkampf	1987	Esta Grosardt	16,1s - 9,68m - 1,48m - 27,9s - 5,04m - 25,34m - 2:45,6min
Siebenkampf Mannschaft	1987	Esta Grosardt Kristina Effenberger Kathrin Grüthling	16,1s - 9,68m - 1,48m - 27,9s - 5,04m - 25,34m - 2:45,6min 18,1s - 1,36m - 9,13m - 29,4s - 4,49m - 27,80m - 2:56,7min 17,9s - 1,40m - 8,37m - 28,3s - 4,57m - 19,80m - 2:42,7min